

Select the appropriate option an	nd/or provide an answer to each of the items below:
OVERVIEW OF HISTORY	
Patient's Name & Current Date	
Patient's Age & DOB	AgeBirthdate
Patient Marital Status	Married Separated Divorced Widowed Single Minor Child Engaged Domestic Partner
Patient's Ethnicity	African American Asian Caucasian Hawaiian/Pacific Islander Hispanic Indian Middle Eastern Native American Other (please specify)
Patient's Gender	Male Female Transgender Intersex / Hermaphrodite
Patient is from (city, state, country)	
How did you hear about our clinic?	
Have you read Dr. Buttar's book and/or watched the "Know Your Options" DVDs?	Have read book Have NOT read book Have NOT watched any of the DVDs Have watched DVD: 9Steps Heavy Metals Autism Cancer Sudden Cardiac Death Trans-D Tropin
What is your current Primary Diagnoses?	Type of cancer:
	Metastasized (spread to other parts): Yes No
Extent of cancer (Stage 1, 2, 3 or 4)	Stage 1 Stage 2 Stage 3 Stage 4
HISTORY OF PRESENT ILLNESS	
Date symptoms began (onset of symptoms)	
WHAT was the first evidence of the problem?	
WHEN was first evidence of the problem beginning?	111
Summarize pertinent history from initial symptoms to time of diagnosis.	
Date diagnosed	
Who made the diagnosis? (name and type of doctor)	
How was diagnosis made?	blood smears blood work bone biopsy bone scan core needle biopsy colonoscopy EGD intraprocedural biopsy intraoperative biopsy needle aspiration biopsy spinal tap MRI CT PET scan punch biopsy surgical excision ultrasound mammogram Other (please specify)
Most recent Pathology/Biopsy/Scan Results	

Select the appropriate option an	d/or provide an answer to each of the items below:
INITIAL SYMPTOMS BEFORE DIAGNOSIS	
Constitutional symptoms prior to diagnosis	nausea vomiting diarrhea constipation weight change appetite change fever chills night sweats fatigue exhaustion weakness sleep issues pain swelling discomfort joint aches muscle aches Other (please specify)
Weight when initial symptoms began	lbs Eating Healthy Exercising Dieting
Habits when initial symptoms began (Select all appropriate options from each section)	excellent diet good diet average diet poor diet terrible diet eating worse than most people eating healthier than most people eating organic foods eating fast food eating out frequently staying away from sugar no change in diet than before symptoms began started to diet stopped dieting optimized diet, balanced with low carb intake
	not exercising exercised occasionally exercised regularly increased level of exercise increased level of activity level of exercise had not changed continued normal level of activity without additional exercise decreased level of exercise decreased level of activity without additional exercise
Appetite when initial symptoms began	Excellent Good Poor No Appetite Appetite had decreased over the previous year Appetite was normal over the previous year Appetite had increased over the previous year Felt increased hunger associated with strong desire to eat Felt hunger with desire to eat Felt a little hunger but without much desire to eat Felt hunger but had minimal desire to eat Felt a little hunger but without desire to eat Felt no hunger and having no desire to eat Felt nauseated at the thought of food or eating
SYMPTOMS AT TIME OF DIAGNOSIS	
Constitutional symptoms at time of diagnosis (Select all appropriate options from each section)	no significant changes in symptoms significant changes in symptoms significant improvement of symptoms some improvement of symptoms some worsening of symptoms significant worsening
	increased intensity of symptoms decreased intensity of symptoms Symptoms at time of diagnosis included: nausea vomiting diarrhea constipation weight change appetite change fever chills night sweats fatigue exhaustion weakness sleep issues pain swelling discomfort joint aches muscle aches Other (please specify)

Select the appropriate option an	d/or provide an answer to each of the items below:
Habits at time of diagnosis	no changes since symptoms began
(Select all appropriate options from each section)	excellent diet good diet significantly improved diet average but improved diet average diet poor but improved diet poor diet
	eating worse eating better eating fast food eating out frequently eating healthier eating organic foods eating more raw food juicing staying away from sugar
	no change in dietary habits started to be more conscientious about diet went on a specialized dietary intake protocol stopped specialized dietary intake protocol optimized diet, balanced with low carb intake
	decreased level of activity decreased level of activity without additional exercise decreased level of exercise continued normal level of activity without additional exercise did not exercise level of exercise did not change increased level of activity but without additional exercise started to exercise continued to exercise regularly increased level of exercise
Weight at time of diagnosis (lbs)	lbs Eating Healthier Increased Exercise Continued Dieting
Appetite at time of diagnosis	Excellent Good Poor No Appetite decreased since initial symptoms normal as it had been since initial symptoms increased since initial symptoms decreased since initial symptoms normal as it had been since initial symptoms increased since initial symptoms
CURRENT SYMPTOMS AS OF TODAY	
Constitutional symptoms as of today	significantly worsened since the time of diagnosis worsened since the time of diagnosis minimally worsened since the time of diagnosis unchanged since time of diagnosis minimally improved since initial symptoms began improved since initial symptoms began significantly improved since initial symptoms began
Symptoms as of today	Weight change Nausea Vomiting Diarrhea Appetite change Fever Chills Night sweats Pain Fatigue Exhaustion Sleep issues Swelling Discomfort Joint Pain Muscle Aches Other (please specify)
	1

Select the appropriate option an	d/or provide an answer to each of the items below:
Habits as of today include (Select all appropriate options from each section)	no changes since diagnosis poor diet poor but improved diet average diet average but improved diet significantly improved diet good diet excellent diet eating worse eating better no fast food eating out less frequently eating healthier stricter food regimen eating organic foods more raw food juicing staying away from sugar
	no change in dietary habits started to be more conscientious about diet went on a specialized dietary intake protocol stopped specialized dietary intake protocol optimized diet, balanced with low carb intake
	decreased level of activity decreased level of activity without additional exercise decreased level of exercise continued normal level of activity without additional exercise did not exercise level of exercise did not change increased level of activity but without additional exercise started to exercise continued to exercise regularly increased level of exercise
Current appetite (Select all appropriate options from each section)	Excellent Good Poor No Appetite unchanged since diagnosis decreased since diagnosis increased since diagnosis normal and unchanged since diagnosis
	Felt increased hunger associated with strong desire to eat Felt hunger with desire to eat Felt a little hunger but without much desire to eat Felt hunger but had minimal desire to eat Felt a little hunger but without desire to eat Felt no hunger and having no desire to eat Felt nauseated at the thought of food or eating
HISTORY OF TREATMENTS RELATED TO	DIAGNOSIS
Surgeries history related to cancer diagnosis (Select all appropriate options from each section)	surgery was not recommended surgery was recommended surgery was not an option chose to undergo surgery refused to undergo surgery currently thinking of having the surgery
Dates of and type of surgeries history related to cancer diagnosis	Currently triniking or having the surgery
Chemo history (Select all appropriate options from each section)	chemo was not recommended chemo was recommended chemo was not an option
	chose to undergo chemo refused to undergo chemo currently thinking of having chemo

Select the appropriate option ar	nd/or provide an answer to each of the items below:
Chemo rounds and treatments	Number of rounds of chemo treatments
	Total number of chemo treatments
	Date last chemo treatment completed on
Radiation history (Select all appropriate options from each section)	radiation not recommended radiation recommended radiation not an option chose to undergo radiation refused to undergo radiation currently thinking of having radiation
Radiation rounds and treatments	Number of rounds of radiation treatments
/	Total number of radiation treatments
	Date last radiation treatment completed on
Short description of your condition after surgery, chemo, and/or radiation treatment. How did you feel?	
Tolerance to treatment	exceptionally well well reasonably poorly terribly terribly and could not complete the course of recommended treatment
Complications since diagnosis	
Experiencing any pain? Where?	711
Medications currently being taken and purpose	
REVIEW OF SYMPTOMS	
Head/ENT - experienced in last 3 months	ear pain ear discomfort mouth pain mouth discomfort dental pain discomfort in teeth throat pain throat discomfort hearing loss ringing in the ears nasal discharge
Eye - experienced in last 3 months	blurred vision double vision eye pain eye discomfort sensitivity to light pain on eye movement
Respiratory - experienced in last 3 months	shortness of breath pain on deep inspiration tightness in chest coughing wheeze orthopnea dyspnea
Cardio - experienced in last 3 months	dull chest pain chest heaviness squeezing chest discomfort light headedness fluttering in chest swelling of legs fainting spells heart palpitations
G.I experienced in last 3 months	abdominal pain abdominal cramping abdominal distention nausea vomiting diarrhea constipation

Genito/Uri - experienced in last 3 months	nd/or provide an answer to each of the items below: painful urination frequent urination urgency to urinate
(Select all appropriate options from each section)	waking to urinate difficulty initiating urinary stream problem maintaining urinary stream hesitancy while urinating inability to empty bladder decreased urinary volume
	FEMALE regular menstrual cycles irregular menstrual cycles heavy menstrual cycles painful menstrual cycles vaginal itching vaginal discharge vaginal pain
	MALE penile itching penile discharge penile pain
Muscular/Skeletal - experienced in last 3 months	muscle pain muscle weakness joint pain decrease in range of motion
Neuro - experienced in last 3 months	headache numbness tingling right sided weakness left sided weakness poor balance / coordination urinary / bowel incontinence
Psych - experienced in last 3 months	depression feeling blue anxiety mood swings trouble sleeping hallucinations
Endocrine - experienced in last 3 months	often being cold often being hot often being thirsty being over tired losing hair
Skin – experienced in last 3 months	rash itching hives bites sores redness dry skin
Allergy - experienced in last 3 months	itchy or watery eye runny nose draining sinuses excessive sneezing itching
EXPOSURE HISTORY	
Tobacco Use History (how much, how long, dates used)	
Alcohol use history (type used, how much, how long, dates used)	T VI
Illicit Drug Use History (type used, how much, how long, dates used)	
Chemical Exposure History (type, how much, how long, dates)	
Examples: Pesticides, Fuel, Fertilizers, Insecticides	
Metals Exposure History (type, how much, how long, dates)	
Examples: Lead, Aluminum, Mercury, Copper, Steel	

Select the appropriate option ar	nd/or provide an answer to each of the items below:
Vaccine History (Select all appropriate options from each section)	No history of childhood vaccines Full childhood vaccine schedule Participated with recommended adult vaccine schedule Has abstained from all recommended adult vaccines including flu shot, shingles and pneumonia
	Has had some recommended adult vaccines, including: Hepatitis A Hepatitis B Haemophilus influenza type b (Hib) Human papillomavirus (HPV) Influenza Measles, mumps, rubella (MMR) Meningococcal Pneumococcal Pneumococcal 13-valent conjugate (PCV13) Pneumococcal polysaccharide (PPSV23) Poliovirus- Inactivated Rotavirus Tetanus, diphtheria, pertussis (Td/Tdap) Varicella Zoster
How many antibiotics has patient taken in the past year?	
Any amalgams (mercury fillings) removed?	Yes No If yes, how many?
How many amalgams does patient currently have?	AT AT THE RESERVE TO
Does patient have a high seafood diet?	Yes No
MEDICAL HISTORY	
Have you had any non-cancer related surgeries?	
Example: gall bladder removed, tonsils removed	
Do you have any other existing medical conditions?	
Example: Hypothyroid, heart disease, lupus	111
Have you undergone any other medical treatments which have not been previously noted?	
How many times has the patient been pregnant, at what age was the pregnancy, and did the pregnancy result in a live birth?	
Do you have any drug, food or environmental allergies or sensitivities?	

FAMILY HISTORY	
Family History - Mother	Living Deceased
	History of: Heart issues/disease Diabetes Cancer Stroke Unknown Other (please specify)
Family History – Father	Living Deceased
	History of: Heart issues/disease Diabetes Cancer Stroke Unknown Other (please specify)
Family History - Siblings	# of Siblings All Living All Deceased Some Deceased
	Deceased Siblings had History of: Heart issues/disease Diabetes Cancer Stroke Unknown Other (please specify)

Initial Intake Synopsis

If you feel all your pertinent medical history may need further explanation or you think the provider should be aware of any additional information, please provide us with a synopsis of this information in chronological order (i.e. health timeline, diagnoses, treatments undergone, type of practitioners seen, etc.) See "Initial Intake Synopsis Example" on next page as reference.

Date:	Patient Name:

Initial Intake Synopsis **Example**

If you feel all your pertinent medical history may need further explanation or you think the provider should be aware of any additional information, please provide us with a synopsis of this information in chronological order (i.e. health timeline, diagnoses, treatments undergone, type of practitioners seen, and etc.) See "Initial Intake Synopsis Example" on next page as reference.

September 17, 2009 I had surgery to remove a fibroid. The fibroid was a tumor. My obgyn removed the tumor. left
ovary and left fallopian tube. 97% chance tumor would be benign. It was cancer. Very rare tumor. Granulosa cell
tumor. I went to MD Anderson for a second opinion. In Kansas City I had 6 rounds (1 every 3 weeks from
November 2009 to March 2010) of chemo (carboplatin and Taxol). God blessed us with a miracle! January 2012.

Patient Name: Jane Doe

we had a healthy baby girl! Because of my history my obgyn asked me to decide if we were having other children and if not do at hysterectomy. November I4. 2012, at 40 I had a my port removed, total hysterectomy, and omentum removed. While removing the ontentum they found 3 more nodules. I woke up to my husband telling me they found more nodules and they wanted to do chemo. I knew at that moment chemo did not work and I was not doing it again.

Date: 10.12.16

December of 2012, I read the Knock out book by Suzann Somers. We went to Clinic M and to Dr A for a second opinion. Clinic M had never worked with my tumor. Dr A recommended more chemo even when the chemo sensitivity test from Caris results showed no compatible chemo with my tumor. I chose to go a natural approach. March of 2013 I started with Dr. G. I am still on the program. I do coffee enemas twice daily, drink 4 carrot juices daily and take almost 200 pills daily. I soak in the bathtub and do monthly cleanses.

June of 2014 my OBGYN felt something during my annual exam. He requested a CT scan and found 3 masses. My local oncologist used a robot surgery in July of 201 4 to remove the masses. We discovered my tumor marker is inhibin B. Every couple months we checked inhibin B after surgery and it continued to go up. Oncologist requested a scan in November of 2014. Found another mass. (I believe the mass was there during surgery but it was too small for Dr. to see).

December of 2014. we were going to try hormonal therapy. I went on Megas for 2 weeks and Tamoxifen for 2 weeks. However, on 2 day of Tamoxifen. I had such terrible pain I went to the emergency room. The ER doctor did a chest X-ray, blood and urine test. All was normal. I stopped taking the pills.

June 28. 2015 I was having terrible pain on my right side and thought I was having an appendicitis. Blood work and urine work showed an infection. CT scan showed 2 masses in my pelvic and "multiple locations suggesting widespread abdominal and peritoneal tumor involvement." I believe I had gastroenteritis (also mentioned in the CT scan) and that is why my intestines were looped. My husband had a similar infection the week before. I went to my primary doctor 2 days later and they did an X-ray to confirm there was no bowel obstruction and loops were back to normal. I should have gone to a different hospital because this hospital misdiagnosed me in 2009 but I was in pain and went to the closest hospital.

July I4. 2OI 5. my local oncologist did an exam and could feel the tumors. She said it felt like a grapefruit and a pear connected. not sure she could use the robot to remove. Oncologist requested I contact Dr. A for a second opinion and commit to a therapy before she can do surgery.

August 2015 I went to Dr. F in Reno. I was interested to see what their sensitivity test and hair analysis would show.

October 201 5. I asked my primary doctor to have my blood tested for inhibin B. my tumor marker. It was 85 in August and is 154. I need a new doctor and a plan to shrink the tumors. I am very interested to hear about your program and if you think it can help me. I appreciated your comments on the Quest for the Cure. I believe God has blessed me every step of the way and I am praying for direction for the next step.